

Call Today to Schedule Your Consultation (301) 747-3069

Easy Summer Pick Me Ups:

BOTOX® and JUVEDERM®

by Dr. Nia Banks, Board Certified Plastic Surgeon



Why miss out on any great summer events? You can get that cosmetic improvement you want without putting yourself in time out. Non-surgical facial rejuvenation can correct fine lines, wrinkles, hollowing under the eyes, or lost fullness in the cheeks or lips during a quick office visit and without significant downtime. Make a promise to yourself to get back that smooth, plump, even skin that no summer look is complete without. With today's cosmetic procedures, there may be a solution that can fit even the busiest of schedules.

Start with the basics. Regular facials and a skin care regimen suited to the particular needs of your skin are essential for maintaining healthy skin. Sun protection is an absolute must, no matter what your skin type. With the availability of sun protection without oxides, avoiding that unsightly grey sheen, there are no excuses.

To manage wrinkles without surgery, we can use neuromuscular blockade (BOTOX® to temporarily weaken small muscles that pull the skin and cause wrinkles) or fillers (JUVEDERM® gel particles that add volume and fill in the cracks caused by wrinkles). Is your forehead creased? Is your brow furrowed? Are there fine lines around your eyes?

These areas can be treated with BOTOX®. BOTOX® Cosmetic is an agent that causes neuromuscular blockade. It temporarily stops muscles from receiving the signals that cause them to contract, allowing the overlying skin to relax. Carefully placed, BOTOX® targets problem wrinkles. The goal is not to make your face to look like a mask! BOTOX® Cosmetic is generally used around the eyes and the forehead. A treatment takes 10-15 minutes and improvement will be seen several days after the treatment. The effects last for 3-4 months. This is an ideal treatment for both men and woman to relax forehead wrinkles, relieve furrows between the eyebrows, and lessen the appearance of crow's feet.

Patient A
Maximum Frown

Model: not a patient of Dr. Banks



Wrinkles around your mouth and nose? Creases around your mouth? Sagging cheeks or thinning lips?

JUVEDERM® and Restylane® are similar gel products made of hyaluronic acid (a compound already abundant in your skin) to fill in fine lines and wrinkles. They are injected into the deep layer of the skin to literally "fill" in cracks by adding volume. Radiesse® is a different type of filler, made of small spheres of calcium, and is injected under the skin to fill deeper wrinkles. These procedures can be done in the office and only take 10-15 minutes. The effect can be seen immediately and last for 6-9 months (JUVEDERM®) or 1 year (Radiesse®). Fillers are great for women and men that want an immediate improvement in wrinkles around the nose and mouth. Fillers can also add volume to lips, cheeks and fill in hollows under the eyes to restore a more youthful appearance. All fillers can cause some mild swelling and bruising, so you should plan your treatment several days before any important meetings or events.



Want better definition of your nose but don't have time for a nose job?

JUVEDERM® can be used to give noticeable improvements in the shape and definition of the nose. By injecting small amounts of filler under the nasal skin, many contour problems in the nose, including those that may exist after surgery or trauma, can be corrected.

Tired of unsightly underarm sweat stains?

Hyperhidrosis, or excessive sweating, can be treated with BOTOX®. BOTOX® stops the signals that activate sweat glands. Several small injections are given in the underarm skin with effects that last for three to four months. If you want a subtle but noticeable improvement in your appearance with minimal downtime, these treatments may be right for you. There's still plenty of summer left. Schedule your treatment session with Dr. Banks today.

(301) 747-3069

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